



Kids Community Group Guide

When Doubt, Depression, or Gossip Begin to Attack, I go to the Bible to Know God's got My Back!

Leader's Guide for groups occurring April 30th through May 6th

Bible Lesson:

Have you ever gotten ready to do something you're usually fine with, but for some reason this time you're afraid to do it? Maybe you dance or stage, or play in a baseball game with confidence one week, and the next week you doubt your abilities.

*Elijah had a huge victory when he challenged the false god Baal, and convinced the people that his God was the one true God. He should have been celebrating God's amazing power, but he soon found himself discouraged, worried, and afraid. Elijah was in a crisis of faith as he doubted God's protection. **Review the story of Elijah and the prophets of Baal. Then read 1 King 19.***

Discussion Questions:

- How did Jezebel feel about what Elijah had done? What was Elijah's reaction?
- While he hid in the wilderness, what did Elijah ask God to do?
- What happened while Elijah slept?
- How did Elijah explain his fear to the Lord? What were God's instructions to him then?
- After Elijah explained again why he was hiding, what were God's instructions?
- How did Elisha react when Elijah came to him?
- When Elijah listened to the gossip he heard from Jezebel, he started doubting God and feeling depressed. What happened when he turned back to God?
- Are you letting negative thoughts and gossip make you doubt God's love and power?

Power Verse:

"Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise."

– **Philippians 4:8**