



# GROUP LESSON

## WHEN LIFE IS GOOD, OR WHEN LIFE IS A MESS, THE FRUIT OF THE SPIRIT IS HOW WE LIVE BEST!

Leader's Guide  
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### Bible Lesson:

When we are all-in for Jesus, we have Holy Spirit in our lives and because of that we can handle any obstacle or situation that comes our way. We'll be looking at the Fruits of the Spirit today. What's your favorite fruit or fruit flavor? Do you like it by itself or in a dessert or smoothie? Why?

### Read:

Just like fruit flavors are sweet and make what we eat better, the Fruit of the Spirit make our Christian lives so much better! Paul taught the Galatians and us about what their Christian lives should look like as they grow closer to God. Read **Galatians 5:22-26**. Discuss what each fruit means. *You can find a good child-friendly explanation here: [www.biblefunforkids.com/2013/04/fruit-of-spirit.html](http://www.biblefunforkids.com/2013/04/fruit-of-spirit.html).*

### Discussion Questions:

1. A tree produces fruit as it grows. What kinds of fruit are mentioned in this passage?
2. Give examples of how you can show love, joy, or peace.
3. How did Jesus live out the Fruit of the Spirit in His life?
4. How do you normally respond when things don't go your way?
5. What can you start doing to live out the Fruit of the Spirit in your life?
6. How can you help others do the same in their lives?

### Create:

Using a piece of paper and crayons, draw different types of fruit and write the Fruit of the Spirit inside. Encourage the kids to use these pictures as reminders of how God's Spirit can help us live our lives the best way possible.

### Power Verse:

*But, the Fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Against such things there is no law. – Galatians 5:22-23*