



## Group Lesson

### *The Key To Happiness*

June 28, 2015

Get a great job, have lots of money, being independent, power, certainty – that's how we define success. What if you could cheat the system? Jesus taught us everything we need to know about living life to the fullest. God wants the best for your life. Find out how to get it.

What things tend to bring you happiness? Read Matthew 5:1-12. Read verse 3 again. How is recognizing our need for God a sign of strength and not weakness? What does it mean to you, to have a desperate need for God? Explain.

Read verse 4. Jesus says those who mourn will find comfort. Mourning is a path, not a destination. How have you seen mourning bring about the comfort and happiness that God wants for them. Have you seen this in your life?

Discuss the word humility. How is humility different from how people typically think and live? Read verse 5 again. How have you seen humility turn into blessing?

Read verses 6-8. How do these verses help us learn to experience the best God has for us? Which one of these is more difficult for you? Why?

Read verse 9. Personal peace comes to those who work for peace with others. Are you someone who is comfortable with conflict or do you try to avoid it at all cost? What "work" do you need to do to bring about peace for others and yourself?

Pray for Jesus' teachings to gain wisdom and understanding to unlock happiness in our lives. Seek God to help each other in the areas we are letting the world's system keep us from experiencing *Living Fully Alive*. Ask God to help each other *Cheat the System*.

*Note: If you aren't in a community group, let us know you want to take that next step. Email us at [NextSteps@communitychurch.info](mailto:NextSteps@communitychurch.info). Group is not about a meeting, but instead people coming together to build relationships with each other and Jesus while they do this thing called life. No matter where you find yourself in life, there is a group that is right for you, and we'll help you find it.*