



# HOW TO BE **BRAVE** GROUP LESSON

## **In the Face of Bad News**

**April 26, 2015**

Everyone of us is faced with challenges, problems, and issues that sometimes come at us like a roaring lion, and yet we are told to just stay calm, but how? Be anxious for nothing the Bible says, but how? In the face of an uncertain tomorrow, with unknown news, there is a known God who has a way for us to live each day without fear. It's time we learn how to be BRAVE.

Who do you think represents "brave" most, real or fictional? Why?

Read Psalm 23:4. Has this verse been your approach to life? Share how or why not. What is the greatest valley you have walked through?

When you face a circumstance or challenge, what is it that keeps you from being brave? Facing challenging times brings what is in your heart out. What is the condition of your heart today (wounded, scared, timid, scarred or whole, healed, trusting, hopeful, etc.)? Share how Jesus has increased your level of bravery by what He has done in your heart.

Discuss this statement; "Bravery is not the absence of fear, but the presence of a confidence that is greater than the fear." What is your level of confidence in the face of challenges today? Where does that confidence come from? Read Joshua 1:9, Deuteronomy 31:6, Philippians 4:13, Hebrews 4:16, and 1 John 5:14. How can these verses help you grow in confidence? How can the group continue to encourage one another to grow in confidence that comes from God?

What is your Plan A for life? How would your life be different if Plan B wasn't an option? What do you need God to do in your heart so that you can live fully for Plan A? How can the group help?

Pray that everyone would be reminded by Holy Spirit of His love and power each time they face challenges in life. Pray for boldness and confidence that comes from a genuine relationship and trust with Jesus.

*Note: If you aren't in a community group, let us know you want to take that next step. Email us at [NextSteps@communitychurch.info](mailto:NextSteps@communitychurch.info). Group is not about a meeting, but instead people coming together to build relationships with each other and Jesus while they do this thing called life. No matter where you find yourself in life, there is a group that is right for you, and we'll help you find it.*