



# HOW TO BE **BRAVE** GROUP LESSON

## Go For A walk

April 5, 2015

Everyone of us is faced with challenges, problems, and issues that sometimes come at us like a roaring lion, and yet we are told to just stay calm, but how? Be anxious for nothing the Bible says, but how? In the face of an uncertain tomorrow, with unknown news, there is a known God who has a way for us to live each day without fear. It's time we learn how to be BRAVE.

Would you consider yourself brave or fearful? Why?

Share with the group one of your phobias. Share a story of a time when you were struck with fear that might be funny now but wasn't then.

Read Matthew 28:1-10. Discuss as a group the setting of this passage. What things do you notice? How might you have responded in this situation?

Jesus walked out of the tomb having demonstrated power that could overcome death. Share a time you were able to walk through a situation because of Jesus working in your life.

Read Psalm 23. What have been some of your dark valleys in life? How were you brave to walk through?

Read John 16:33 and John 11:21-22. Share any fear you have of why it might be hard to trust Jesus. What is a brave step you need to take toward what God wants to do in your life today?

Pray for increased faith and bravery through power of Holy Spirit. Ask God to move in the specific areas of valleys of darkness anyone may be facing. Seek God to speak to each person about the step they need to take to experience more of what God wants for them. Thank God for His great love that makes it possible.

*Note: If you aren't in a community group, let us know you want to take that next step. Email us at [NextSteps@communitychurch.info](mailto:NextSteps@communitychurch.info). Group is not about a meeting, but instead people coming together to build relationships with each other and Jesus while they do this thing called life. No matter where you find yourself in life, there is a group that is right for you, and we'll help you find it.*