

# Whole

everything affects everything

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## Group Lessons



### Cravings

March 1, 2015

Ever feel like something is missing? It's almost all together, except... We were made to be whole and this can happen when we realize everything affects everything; because of that we can focus not on what we are doing, but on who we are becoming. It's time to be whole.

Have you memorized Psalm 1:1-3? What is it?

Share with the group how you are doing in the areas of energy, joy, and patience. Read 3 John 1:2. Is this verse a prayer you need today? This may be a good time to simply stop and pray together.

Read Genesis 1:29. God has given us all we need for wholeness. What do you turn to when you are weary? What are your unhealthy cravings?

Read Hebrews 12:1. Share with the group an unhealthy craving you have shaken off to become more whole. Discuss ways you can look to Jesus to shake off the things that are hindering your wholeness.

Read Ephesians 4:12 and Psalm 68:6. Right relationships are a vital avenue to being whole. Do you currently have the right relationships? What relationships do you need to add and remove in your life? Share about a relationship that has been vital to you being whole.

Read 1 Corinthians 9:24-27. Are you living life like a sprint or a marathon. What are the things you are doing daily to finish the race? What things can you begin doing? What are the little things you may be leaving out?

Pray together for strength, courage, and discipline to crave the right things each day. Pray for a greater trust in God that wholeness comes from Him and trusting His Word.

*Note: If you aren't in a community group, let us know you want to take that next step. Email us at [NextSteps@communitychurch.info](mailto:NextSteps@communitychurch.info). Group is not about a meeting, but instead people coming together to build relationships with each other and Jesus while they do this thing called life. No matter where you find yourself in life, there is a group that is right for you, and we'll help you find it.*