

Whole

everything affects everything

Group Lessons



Whole In My Heart

February 22, 2015

Ever feel like something is missing? It's almost all together, except... We were made to be whole and this can happen when we realize everything affects everything; because of that we can focus not on what we are doing, but on who we are becoming. It's time to be whole.

What things come to mind when you hear about heart health?

Read Proverbs 27:19. Discuss how healthy your heart is in the following areas: fear, discouragement, guilt, bitterness, and pride. Why? What things can you do to help in the areas that are weak? How can the group help?

Read 2 Chronicles 16:9. A whole heart requires a heart for Jesus. Read Revelation 3:20 and Psalm 139:23-24. Is your heart for Jesus? Explain. What would help open your heart more toward Jesus?

Read Ephesians 1:18-20. A whole heart is a healed heart. How have you allowed the same power that raised Jesus from the grave work in your life? Share a story of how you have found healing through Jesus.

Read Proverbs 4:20-23. A whole heart comes from trusting what God says and living that way. What things are you not guarding your heart against currently? What areas might you need to begin removing and replacing with the things of God?

Read Psalm 51:10. Whole in our hearts comes from Jesus. Have you sought Jesus for a pure heart? What do you feel God wants to do in your heart right now to make it whole? Will you let Him?

Pray together for hearts moved toward Jesus for authentic relationship and trust. Seek healing together for areas of unhealthiness and ask Holy Spirit for the wholeness of heart we all desire.

Note: If you aren't in a community group, let us know you want to take that next step. Email us at NextSteps@communitychurch.info. Group is not about a meeting, but instead people coming together to build relationships with each other and Jesus while they do this thing called life. No matter where you find yourself in life, there is a group that is right for you, and we'll help you find it.